

Fall 2021



Retirees Association

Kennesaw State University
Division of University Advancement

Greetings to all you "Golden Owls!"

Approximately another six months has passed since our last newsletter. Although the Retirees Association has hosted several Speakers/Lunch Colloquiums in person, we hope you have been able to at least participate in some of the Zoom offerings if you cannot attend in person. Plans are now underway for many new and exciting events for fall 2021! I wanted to reach out and update you on some of the happenings regarding the KSU Retirees Association.

As the KSURA moves forward to a more normal way of life, I hope each of you will be able to join in some, if not all, of the activities mentioned in this newsletter.

Enjoy Fall and the Holidays!
Sincerely,

Kathy Rodgers
Retiree Associate
KSU Retirees Association



October 15-December 7 – Medicare Open Enrollment (TBA)

October 29-Nov 9, For pre-65 retirees, dental benefits/vision benefit changes,
USG Open Enrollment (TBA)

November 9, Speaker's Colloquium, Begins promptly at 11:30 am to 1:00 pm,
"Our Fossil Fuel Energy Predicament" by Gail Tverberg, KSU Center, Room 464

November 12, 10:00 am-11:30 am, **Steering Committee Meeting**, KSU Center,
Room 327A&B

December 10, Steering Committee Meeting, KSU Center, Room 327 A&B

December 10, Christmas Party, December 10, KSU Center, Room 327 A&B



RETIREE RECOGNITION ANNOUNCEMENT FOR KSU/SPSU Retirees for 2019 thru 2021

We celebrated all 2019-2021 retirees at the Retirement Ceremony held on September 24, 2021 in the Carmichael Student Center, Rooms A-E. We also were able to celebrate the Brunch on the Bricks Ceremony at the Legacy Gazebo. All 2019-2021 retirees were honored with an engraved brick. KSU retirees' bricks are located at the Legacy Gazebo and the SPSU retirees' bricks are located at the Marietta Campus Legacy Walk. These bricks honor each retiree's contribution to the KSU/SPSU story while also making each person a permanent part of KSU's/SPSU's future.

Congratulations from the Kennesaw State University Retirees Association (KSURA) on your retirement and **thank you** for your years of service and dedication to KSU/SPSU.

Please visit the KSURA website at retirees@kennesaw.edu for announcements.



KSU Retirees Association

2021-2022 Speaker's Colloquium Schedule

The KSURA Speaker's Colloquiums are held in the KSU Center, Room 464, 3333 Busbee Drive, Kennesaw, GA 30144. Go to the North Entrance and enter the Coles College of Business Suite. Parking is free.

Colloquiums are held on the second **Tuesday beginning promptly at 11:30 a.m. to 1:00 p.m in KC464.**

Everyone is welcome to attend any Speaker's Colloquium. Bring your lunch and we'll provide drinks and dessert. Please RSVP prior to the colloquium to retirees@kennesaw.edu or call 470-578-7984.

DATE	SPEAKER	TITLE
November 9, 2021	Gail Tverberg	"Our Fossil Fuel Energy Predicament"
January 11, 2022	Alice Gooding	"Armchair Crime Sleuths: Help or Hinderance?"
February 8, 2022	Chris Cornelison	"Fun with Fungi"
March 8, 2022	Faruque Hossain	"Sustainable Design Technology to Mitigate Global Energy and Environmental Vulnerability"

SPOTLIGHT ON RETIREES

Harold R. (BOB) Wise, Jr.
and his wife DEE



Bob worked at Kennesaw State University as the Director of Development with primary responsibility in managing the capital and endowed campaigns, as well as other fund-raising activities for the College of Science and Mathematics. After that, he served as the Assistant Director of the University System of Georgia's (USG) African American Male Initiative (AAMI), a state-wide program aimed at increasing the recruitment, retention, and graduation of Black males from the USG's public colleges and universities. He retired on July 1, 2020.

Bob is very active in his community where he served as the former Chair of the Cobb County United Way Board of Advisors and continues to be a member; a member of B.U.Y. Cobb, Inc., a non-profit organization that prepares high school students for college; and a member of the Board of Advisors for Harmony House – a transitional assessment center for men discharged from the Cobb County Jail which provides critical life skills to help reduce the rate of recidivism. He is a member of the Cobb County Chamber of Commerce, past member of the Cherokee County Chamber of Commerce, Atlanta Metro Chamber of Commerce, and was a member of the Board of Directors for the Paulding County Chamber of Commerce and currently serves on their Economic and Workforce Development Committee. He was a member of the Military and Veterans Advisory Committee chaired by former U.S. Representative Tom Price, M.D., 6th District, Georgia. Bob was also a former member of the Atlanta Business League and a performing member of the Atlanta Wind Symphony for over 22 years.

Bob is currently enjoying retirement while still being committed to many organizations and charity groups. He is currently a member of the Atlanta chapter of the National Black MBA Association and the Cobb County chapter of the NAACP.

He most enjoys traveling with his wife, Dee. They have traveled extensively in Europe, Asia, North and Central America. Since Australia is the only place, they have not been. Bob has plans for that trip in the near future! Congratulations Bob!!



KSU Retirees Association Scholarship Campaign 2021-2022

This coming year's scholarship letters will be mailed **December 3, 2021**. If you would like to donate, you can access the KSU Retirees Association website at retirees.kennesaw.edu to donate by using your credit card or mail back the postage paid envelope enclosed with your scholarship letter. If you have moved, please contact Kathy Rodgers with your current address to ensure you receive communications from the KSURA.

As the end of the year approaches, you may find it beneficial to add to your charitable donations for the year. Remember that your contributions to the Retirees Association are always tax deductible. Should you wish to make an additional donation, you may use the enclosed card or donate online through our website at retirees.kennesaw.edu under "Scholarships." Be sure to designate whether you wish your donation to go to the Annual Scholarship Fund* or the Endowed Scholarship Fund.**

*The *Annual Scholarship Fund* awards the funds that are available each year, so the number of scholarships may vary from year to year. The available funds are awarded as \$1,000 annual scholarships to the children and grandchildren of retirees who are attending KSU and meet the scholarship criteria.

**The *Endowed Scholarship Fund* is an investment account that grows annually from investment returns as well as donations. The advantage of an endowed scholarship is that the scholarship will continue into perpetuity as the principal remains invested. The interest income from the investment may be awarded as a scholarship to a deserving student. The endowed scholarship fund is still in growth mode, and one scholarship has been awarded from this fund to date.

We hope you will support the Kennesaw State University Retirees Association by continuing to make your donation to the Annual or Endowed Scholarship fund.

If you missed our membership drive in May, you can still join! Use the enclosed card in your envelope or join/renew through our website at retirees.kennesaw.edu under "Membership" to continue receiving great perks such as free parking on campus and checkout privileges at both libraries as well as other benefits.

Retiree Association Legacy Scholarships

A Scholarship Recipient luncheon was held at the Convocation Center on the main KSU campus on Friday, October 29, 2021 to award scholarships to the following retiree relatives. **Rebekah Cheshire, Paul Hassler and Chloe Sanders were this year's KSU Retirees Association scholarship recipients!**

Direct descendants (children, grandchildren, great-grandchildren) of KSU retirees who attend Kennesaw State University are eligible to apply for the Retiree Legacy Scholarships. The retiree must have worked at KSU and/or SPSU for at least ten years and be officially retired.

The student may be undergraduate or graduate level, must have a 2.75 GPA or higher and have reached at least the sophomore level.



Members of the Kennesaw State University Retirees Steering Committee attended the Virtual Conference held October 12-14, 2021

(Members attending the Association of Retirement Organizations in Higher Education (AROHE) were Dorothy Zinsmeister, Carol Pope and Chuck Aust – please see their brief summary below.)

The Association of Retirement Organizations in Higher Education (AROHE) holds a national conference every other year that focuses on the broad goal of rethinking the role of retirement in higher education. Kennesaw State University Retiree Association (KSURA) became a member of AROHE in 2012 and has attended and presented at the biennial conference ever since.

The COVID pandemic cancelled the conference plans in 2020, and in October 2021, the AROHE leadership launched an international virtual conference. Presentations were made available across all four US time zones. For example, presentations made at 1:00 pm Eastern time, would be viewed by participants in the Central time zone at 12:00 pm, in the Mountain zone at 11:00 am and in the Pacific Zone at 10:00 am.

A week before the conference, a friend (Dave) called to say he was in the hospital and wouldn't be able to present at the conference. Would I do it for him? What an interesting challenge that was! It involved coordinating with a co-presenter, learning the

complicated technology, and creating a PowerPoint presentation that was true to what Dave wanted to say.

Making or listening to a presentation in the cozy confines of one's dining room is not the way I like to participate in conferences. I missed meeting new people, sharing a glass of wine with an old friend, and asking questions that didn't have to be logged into a chat room. But mostly I missed the energy generated by a roomful of like-minded retirees who were eager to share their ideas, and anxious to hear about the exciting and innovative plans at your retiree association. I've learned a lot by attending these conferences, and AROHE and KSURA have both benefitted from our participation.

Submitted by
Dorothy Zinsmeister
October 26, 2021

My view of the conference is a bit unique in that I participated in the planning and organizing, so I saw a lot of the behind-the-scenes work that went into the conference. There were over 40 people helping with the planning and organizing of this conference! All the hard work paid off in creating a conference that was unique and progressive, setting the tone for future digital efforts by our retirees organization and others. Representatives from Georgia were highly visible at this conference, showing that once again we are at the forefront of going boldly into the future!

The concurrent sessions focused on three distinct topic areas – “Onward and Upward,” “Making It So,” and “The Future Is Now” in keeping with the Star Trek theme. The keynote speakers, plenary sessions and open discussions all related to the main topics. What a logistical accomplishment to organize all of that! The usual conference Resource Fair was replicated with virtual “booths” where attendees could download information about various organizations as well as the sponsors...which I did from every booth. Wait until you see the pile of papers! Even periods of entertainment were included in the schedule with videos of performing groups, exercises to join in, and some just-for-fun lectures. What an amazing conference to be the first virtual conference for AROHE!

All of the sessions were recorded and will be available on AROHE's website after November 14. I would love to see our organization view some of the most helpful videos at a future meeting, or perhaps set up a “conference viewing” meeting or two and invite all retirees. Many thanks to the Development office for funding our attendance at this outstanding event.

Submitted by
Carol Pope
11/4/2021

We are blessed...We staff and faculty are blessed to have chosen to work in the academic setting for our jobs and careers. We are around people who care about others and try to make people and things better. This thought came to me as I interacted with conference participants. I observed how much they care about each other. They care about supporting staff and faculty at this stage of our lives. They care about their schools and the students they serve. I felt gratitude that we too care about each other in our KSU Retirees Association. We make efforts to support one another and we care about our school and the students who ultimately benefit from some of our efforts.

We are blessed...We have an organization, the KSU Retirees Association, that is organized, highly motivated, full of competent people. I observed representatives from other schools admiring our group. They seemed to admire that our group included BOTH staff and faculty, not just faculty. They admired our regularly scheduled colloquia. In one specific session I attended participants verbalized admiration for these aspects of our association and wanting to adopt our practices.

Lastly, I was so proud of Carol and Dorothy. They contributed in significant ways. Carol was part of the team that organized the entire conference and Dorothy gave a thoughtful and encouraging presentation. They represented us extremely well and illustrated the blessings I described above. We have a "good thing going" with our KSU Retirees Association. Attending the AROHE conference reminded me of all these things.

Submitted by
Chuck Aust
11/04/2021

Defensive Driving Course for Retirees and Spouses



The KSU Office of Insurance and Risk Management offers a free defensive driving course which may qualify you for an insurance discount. The Defensive Driving class is offered for retirees and their spouses at no charge.

Most insurance companies offer a discount for their clients who have completed a Defensive Driving class, but you should inquire directly with your insurance company if these discounts are offered.

Below is a list of the classes that are available through April 8, 2022.. If you are interested in taking a class, you may sign up by emailing Billie Hunter Barron (*Insurance & Claims Analyst/Office of Insurance & Risk Management*) directly at: bhunterb@kennesaw.edu. She will be able to set you up for a class.

The class is a six-hour one day class. Upon completion of the course, certificates are mailed the following week, via USPS, to the home address of each participant.

Space is limited and registration is required. Billie will need to know ahead of time, so she can adjust the class accordingly. These classes are subject to cancellation as academic classes take precedence.

Schedule for Free Defensive Driving Course

Date/Time	Instructor	Location
Friday, November 19, 2021, 8:45 am -4:00 pm	Janet Nash	KSU Center, Room 462
Tuesday, January 4, 2022, 8:45 am-4:00 pm	Billie Hunter Barron	KSU Center, Room 462
Friday, February 11, 2022 8:45 am 0 4:00 pm	TBD	KSU Center, Room 462
Friday, March 11, 2022 8:45 am – 4:00 pm	TBD	KSU Center, Room 462
Friday, March 18, 2022 8:45 am – 4:00 pm	Jeffrey Bernard	R2 Building Norton Hall, Room 059
Friday, April 8, 2022 8:45 am – 4:00 pm	TBD	KSU Center, Rom 462

Well-being Virtual Classes for November

Please find below a list of virtual events from the KSU Human Resources-Employee Well-Being Coordinator that retirees are welcome to participate in for the month of November, 2021.

November Well-Being Events Schedule

Date	Time	Event Name & Link
Tuesday, November 9th	5:30-6:15 pm	Boot Camp
Wednesday, November 10th	10:00- 10:15 am	Seated Office Stretch Break
	5:00-5:30 pm	Zumba
Thursday, November 11th	5:30-6:15 pm	Cardio Kickboxing
Friday, November 12th	11:30 am-12:10 pm	Chair Yoga
Monday, November 15th	11:30 am- 12:10 pm	All Levels Yoga
	5:30-6:15 pm	Strength and Stamina
Tuesday, November 16th	5:30-6:15 pm	Boot Camp
Wednesday, November 17th	10:00- 10:15 am	Seated Office Stretch Break
	5:00-5:30 pm	Zumba

Thursday, November 18th	5:30-6:15 pm	Cardio Kickboxing
Friday, November 19th	11:30 am- 12:10 pm	Chair Yoga
Monday, November 22nd	11:30 am-12:10 pm	All Levels Yoga
	5:30-6:15 pm	Strength and Stamina
Tuesday, November 23rd	5:30- 6:15 pm	Boot Camp
Monday, November 29th	11:30 am- 12:10 pm	All Levels Yoga
	5:30-6:15 pm	Strength and Stamina
Tuesday, November 30th	5:30-6:15 pm	Boot Camp

Thank you for joining us for our virtual events! Please be sure to review and acknowledge this [waiver](#) if this is your first time joining us. Most of the events are recorded and can be accessed by clicking on the attendee link after the event.

Email efc@kennesaw.edu with any questions.



The KSU Retirees Association supports the CARE (Campus Awareness, Resource & Empowerment) Services at Kennesaw State University. CARE provides support to KSU students who have experienced food insecurity, homelessness, and other supportive services to foster students' realization of a healthy, stable, and dignified life academically and professionally.

<https://care.kennesaw.edu/index.php>

As most of you know, the Retirees Association is partnering with the CARES project of KSU which provides housing, food, and other financial assistance to needy students at the University. In line with this project, we will have a drop off box available for food donations outside the West Entrance at the KSU Center on November 12 from 10AM to 1PM during the Steering Committee Meeting.

In addition, we can also accept donations at Gail Tverberg's colloquium "Our Fossil Fuel Energy Predicament" on November 9 at 11:30 am at the KSU Center in Rm. 464 (Coles College of Business side - North Entrance).

I encourage you to look at the website: bit.ly/pantryneeds for a list of desired donations. Many of these students do not have readily available cooking facilities.

Please join us in supporting this worthwhile project.

Want to volunteer for
CARE Services?


CARE Services has a volunteer training session on Monday, November 8th from 10-11am via Zoom!

Email careservices@kennesaw.edu if you want to be a part of our training session in order to participate in future volunteer opportunities

KSU Retirees Food Drive
November 12th from 10am-1pm

Drop off food donations at KSU Center that will go to CARE Services!

Visit bit.ly/pantryneeds or scan this QR code to see a list of pantry needs that you can donate!



Below are the Schedule of Events for the Schools and Departments for the College of the Arts. We hope you will be able to attend and enjoy some of these events.

School of Art and Design	download here.
Department of Dance	download here.
Bailey School of Music	Download the season brochure
Department of Theatre and Performance Studies	download here.



Our Owls are Flying High this Fall!

By Charlotte Doolin

Last Weekend's Acton:

After Saturday's thrilling last second win, **football** is ranked #8 in AFCA Coaches poll and is 4-0 in the conference. The last home game is November 20th at 1 p.m. against Monmouth. It is designated as the Military Appreciation Game.

Men's and Women's **basketball** season tickets are on sale. Remember if you are a member of the Retirees Association, you can purchase season tickets at the faculty/staff discount. Contact Alicia English at aengli23@kennesaw.edu or by phone at 470-578-4964.

Keith Schunzel, women's **volleyball** head coach, claimed his 150th win. The team is 9-3 in conference play and tied for second with North Florida. Their last home stand is November 5th at 7 p.m. against Stetson and November 7th at 1 p.m. against Florida Gulf Coast. Admission to volleyball is free.

Women's **soccer** qualified for the ASUN conference tournament. After beating Bellarmine, the Owls are in the conference finals for the third straight year. They will play Lipscomb on November 6th for the conference championship.

ZOOM Basics

The KSU Retirees Association is hoping to utilize Zoom more often so our fellow retired staff and faculty from far away can join us for future events virtually via Zoom. We hope to do this even after the pandemic subsides and physical distancing is no longer necessary for health reasons.

Please see below for information to successfully use Zoom.

1. HOW-TO VIDEO for the basics

This how-to video (LINK is below) is only 6 minutes long, basic and easy to understand, covers only the few essential things a participant needs to know in order to participate in a Zoom meeting. Some might not like the soft background piano music in this video. It is worth tolerating for the clear guidance this video gives. After checking a lot of training videos about Zoom, none does as good a job at addressing the essential basics as this one, especially for someone who just wants to handle the basic skills in order to attend a Zoom gathering.

LINK: <https://www.youtube.com/watch?v=6fIYWnfTc5o>

2. VIDEO for those who wish to HOST

This video (LINK is below) presents helpful info mostly for those who wish to HOST Zoom meetings. The narrator has a British accent. This video lasts only 12 minutes. Here and there it provides what participants need to know as a guest but MOST of this video is for those who wish to HOST. The narrator does a good job of stating if an action being demonstrated is for the participant or for the HOST.

LINK: <https://www.youtube.com/watch?v=QOUwumKCW7M>

3. Wanna look good on Zoom?

Camera angle

If people can see your ceiling, your device is too low. Raise it up so that the screen is straight up and down and aiming directly at your head and shoulders. That way, the camera will be capturing you at “eye level,” a more normal angle for conversation. Try to avoid what some have called the “nostril tour,” i.e., your device’s camera is down low and is aiming straight up into your nostrils. Or that look that says, “I’m way up here and you’re way down there.”

Avoid the “extreme close-up”

Your distance from the device should be far enough that people can see you from the top of your head to your shoulders. Filling your screen with just your face is too close.

Lighting

Have the illumination coming from in front of you, such as a desk lamp or a window. If a bright light is behind you, like a window, you become dark like a silhouette or look mysterious against a bright background.

ZOOM Basics continued:

Motion can be distracting

Eating or other frequent motions like walking around or moving your device around a lot is very distracting. Consider not doing those activities or else mute your video when you do perform those actions.

Acoustics

If you have a choice of location, use a room with curtains and carpeting to eliminate sound bouncing off hard surfaces like hardwood floors, which makes it sound like you are in a cave or an echo chamber.

KSU Retirees Association

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